

**The Medicinal Chef: Eat Your Way To Better Health By
Dale Pinnock**

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we re really excited to be bringing the UK s first Medicinal Chef , Dale Pinnock, wisdom of his new book The Medicinal Chef: Eat Your Way to Better

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TV s Medicinal Chef and nutrition expert Dale Pinnock presents his unique and inspiring approach to healthy cooking in his first major cookbook.

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Dale Pinnock's knowledge of food and its healing effects make him a popular guest on TV and in the national media in the UK. He has degrees in Human Nutrition and

Chelseas kitchen - making the most of good

Dale Pinnock, The Medicinal Chef, Eat Your Way to Better Health Blast Off Breakfast Bars/ Gorgeous Granola Bars January 16, 2014

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